# ANZHFR 

# Preoperative fasting sprint audit 

Rationale: To highlight fasting practices and opportunities for improvement

## Facility audit: 39 sites

Fasting policy/guideline/business rule? Initiatives to reduce fasting times (past 3 years)? Planned initiatives to reduce fasting times? Aware SipTilSend?

$$
\begin{array}{lllllllllll}
0 & 10 & 20 & 30 & 40 & 50 & 60 & 70 & 80 & 90 & 100
\end{array}
$$

## Patient audit: 33 sites; $\mathrm{n}=516$ patients

## $31 \%$ of patients were fasted two or more times

+ 

62\% fasted from a specified time

```
Solid fasting instructions
\begin{tabular}{lllllllllll}
0 & 10 & 20 & 30 & 40 & 50 & 60 & 70 & 80 & 90 & 100
\end{tabular}
```

Solid fasting time median 12h (range 4-54h)

Fluid fasting time median 10h (range 1-50h)

