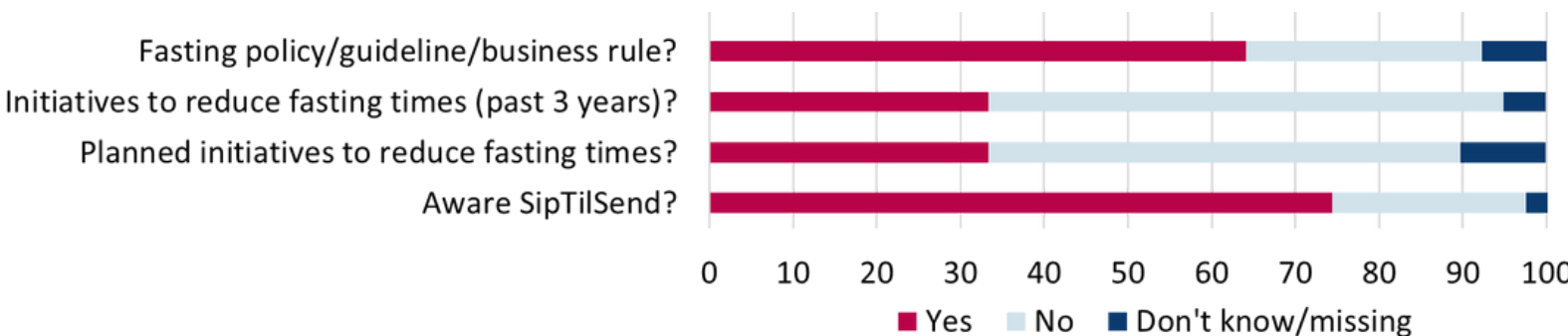


# Preoperative fasting sprint audit

**Rationale: To highlight fasting practices and opportunities for improvement**



## Facility audit: 39 sites

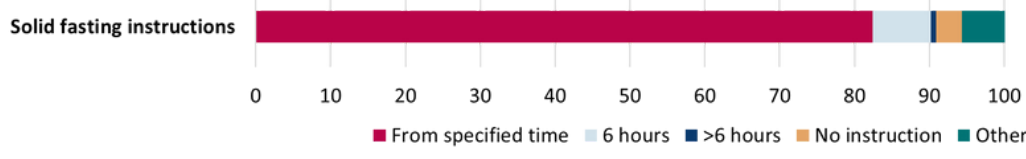


## Patient audit: 33 sites; n=516 patients

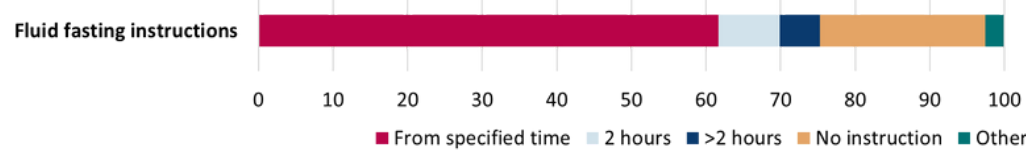
**31% of patients were fasted two or more times**



**82% fasted from a specified time**



**62% fasted from a specified time**



**Solid fasting time  
median 12h  
(range 4 - 54h)**

**Fluid fasting time  
median 10h  
(range 1 - 50h)**