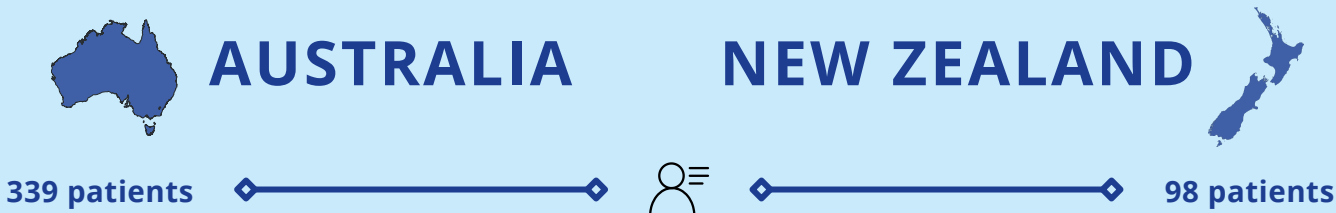


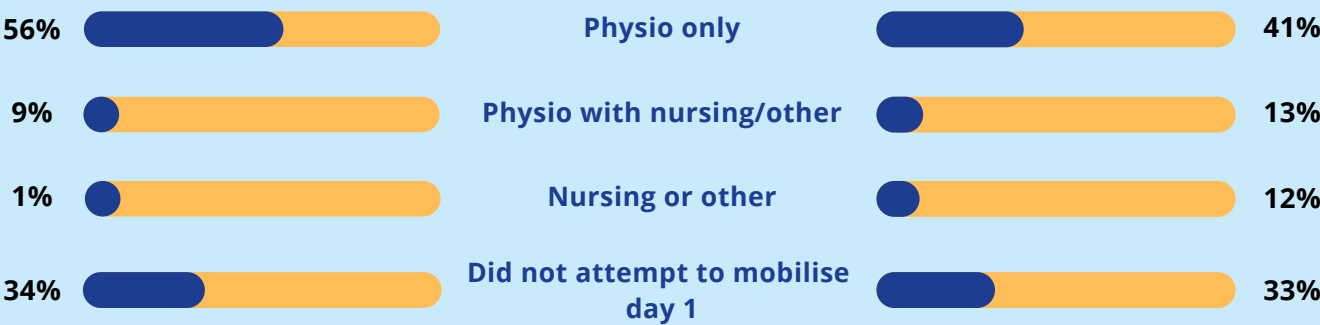
# ACUTE REHABILITATION

The Acute Rehabilitation Sprint Audit aimed to identify initial post-operative rehabilitation practices across Australia and New Zealand to better understand care in the acute setting. In 2022, 36 facilities across Australia and New Zealand completed the audit and provided information on 437 hip fracture patients.

## WHAT HAPPENED TO DIFFERENT PATIENTS IN THE AUDIT?



### Who tries to help patients get up on the day after surgery?



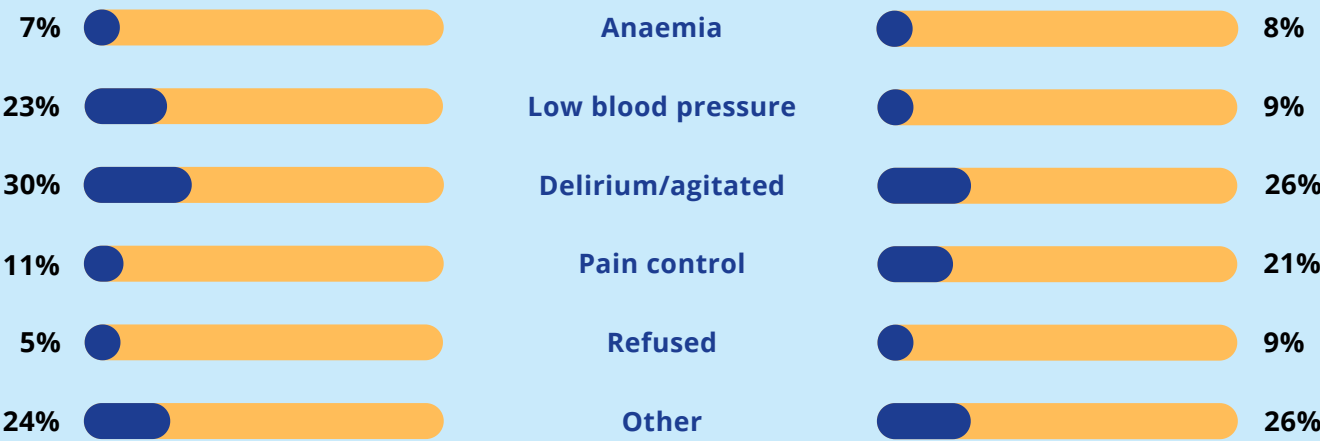
### How soon after hip fracture surgery do patients get up for the first time?



### How much were patients able to do on the day after surgery?



### Why were patients not able to get up on the day after surgery?



### Average number of physio reviews per day in the first week after surgery



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## HOW DO DIFFERENT HOSPITALS ORGANISE ACUTE REHABILITATION?



AUSTRALIA

29 facilities

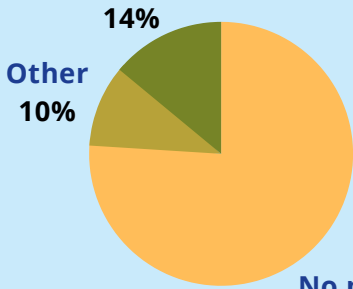


NEW ZEALAND

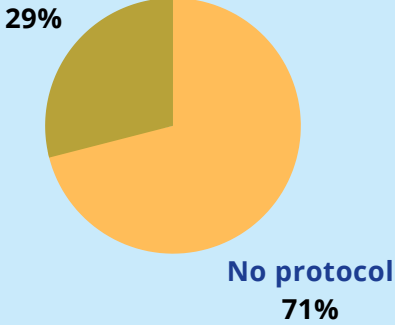
7 facilities

### Are there protocols to try and get patients up on the same day after surgery?

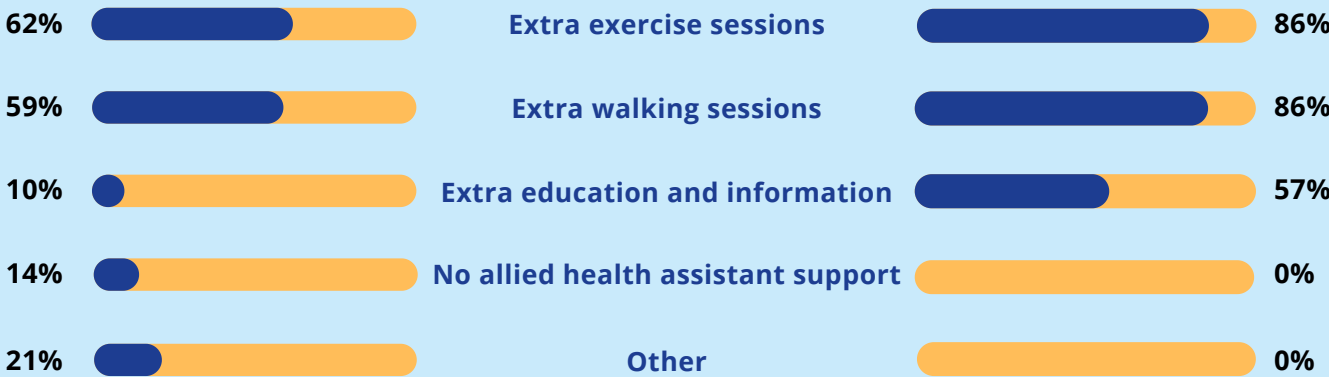
Physiotherapist



Nursing staff



### Is there extra help from allied health assistants?

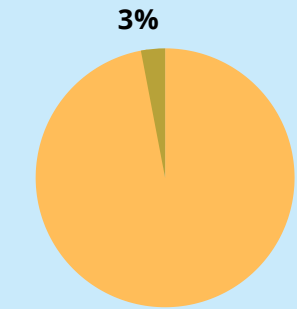


### Which patients will routinely get physiotherapy at a weekend?



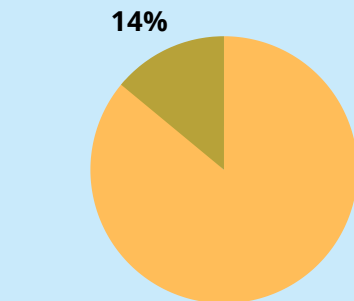
### Process for referral from acute ward to rehabilitation

Automatic/routine

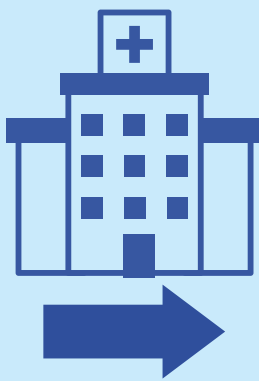


Referral/assessment  
97%

Automatic/routine



Referral/assessment  
86%



### What reasons did subacute rehabilitation units give for refusing patients?

